

## Clayton County Conservation Presents the 4th Annual PHT15K October 28, 2023 9am race start Elkader, IA

Funds raised will go towards the Pony Hollow Trail Project

□ 5K: \$20 Pre-registered
□ 15K Adult: \$35 Pre-registered
□ 15K Child (17 & under) \$25 Pre-registered
All prices increase \$10 on race day.
15K for runners only. 5K runners and walkers.

Online registration available until October 27<sup>th</sup>. www.mycountyparks.com

Mail check and registration form to: Clayton County Conservation 29862 Osborne Rd. Elkader, IA 52043

Packet pickup 7:30-8:45am on race day at Floral Hall shelter house in the Elkader City Park.

Divisions	<u>Awards</u>				
Under 18 19-29 30-39	Award to 1st in each division, male and female				
40-49 50-59					
60 over					
Name:					
Sex:	_Age:Home/Cell #:				
Address:	City:	State:			
Email:					
Race Swag guaranteed to those who register prior to October 23 <sup>rd</sup> .					
Release and waiver of liability: I, the undersigned, in consideration of the opportunity to participate and the acceptance of my entry in this event, intending to be legally bound, do hereby, on behalf of myself,					

Release and waiver of liability: I, the undersigned, in consideration of the opportunity to participate and the acceptance of my entry in this event, intending to be legally bound, do hereby, on behalf of myself, my heirs and legal personal representatives, release waive and forever discharge any and all claims for injuries and damages to my person or property, including any and all claims for such injuries and damages resulting from negligent acts or conduct, and including any and all causes of action relating thereto, which might have or shall ever have against the Clayton County Conservation, its affiliates, officers, board members, representatives for any and all injuries and damages which I may sustain in this event. I further state that I have sufficiently trained for and that I'm in proper physical condition to participate in this event. I further grant authorization for the free use of my name and/or advertisements of or publicity, or other media accounts pertaining to this event.

There will be no refunds if the event is canceled or the participant chooses not to participate. Consider your contribution a donation to the PHT project.

Participants signat	ure:	Date:	
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